



Rest Stop Chat Discussion Guide

Theme: Cultivating Strong Partnerships for the Road Ahead

Purpose: Pause and reflect on the partnerships that fuel your work—those with clients, colleagues, and communities.

Prompt:

“Think of a partnership that’s helped you thrive in your work recently. What made it successful?”

Let each person briefly share their story (1–2 minutes max per person).

Mapping the Road – What Makes a Strong Partnership?

Possible Discussion Questions:

- What qualities do you look for in a strong professional partner?
- What is one action or behavior that helps you build trust quickly?
- How do you keep partnerships going when projects or priorities shift?

Tune-Up Time – Maintaining and Strengthening Relationships

Possible Discussion Questions:

- What have you learned about maintaining long-term partnerships?
- What do you think makes you – or your team – someone that others want to work with again?

- How do you handle conflict, disappointment, or missed expectations?
- What's one thing you could do to stay visible or approachable to your partners or clients?

Future-Focused – Strengthening a Key Relationship

Reflection Prompt:

Think of one relationship in your work that could benefit from some extra attention. What is one thing you can do this month to invest in it?

My Takeaway:

- A tip I want to remember: _____
- A relationship I want to strengthen: _____
- One action I will take this month: _____

Encourage participants to write it down and keep it visible as a reminder.